



Mpeta House
& CONFERENCE

Mpeta House & Conference Hotel Profile

P.O Box 12520-10109
King'ong'o, Nyeri-Nanyuki Rd,
Nyeri, Kenya

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WELCOME

Introduction

Mpeta House draws its name from a tree, sandalwood - an aromatic wood that retains fragrance for decades - making it one of the most valuable woods known; and this is where we derive the promise of service consistency with quality service that stands the test of time.

Mpeta House & Conference is a distinctive, cozy and luxurious family and business travel, self-catering apartment, located in the serene, lush green suburb of Nyeri town. Registered with the government and in business since 2010.

The hotel is an ideal base from which to explore the beauty of the rugged snow-capped peaks of Mt. Kenya and the surrounding farmlands. These artistically designed and well-equipped apartments consist of one- and two-bedroom units, created in a contemporary comfort with an appealing design that embraces an appreciation of color. Our Deluxe rooms are developed on the closed plan concept with a well-equipped kitchenette and a spacious lounge, featuring a modern entertainment unit. Spacious luxury rooms boast of an open plan concept with a balcony and a kitchenette overlooking a well furnished lounge. The parking space is ample and secure. All rooms are fitted with a modern entertainment unit with a variety of channels. WIFI is available 24/7 for free.

Mpeta's proximity to Nyeri central business district ensures that our guests stay in a serene secure place but have quick access to the town. Visitors can access critical services and amenities of the mountain town such as a round of golf in the 9-hole golf course, a game drive in four neighboring national parks, a real taste of tea or coffee in the town's cafes and plenty more. Transport services, tours and travels, and short trips to and from town can be organized on short notice as well as health and emergency services.



MPETA HOUSE - NYERI

OUR PURPOSE

Vision

To be a trusted hospitality destination where comfort, quality service and memorable experiences come together.

Mission

To provide warm, reliable and quality hospitality through comfortable accommodation, professional service, great dining and well-organized experiences for our guests.

Our Values

- **Authentic Hospitality:** Welcoming every guest with genuine warmth, whether dining, working, or relaxing.
- **Empowered Comfort:** Providing fully equipped apartments that give guests the freedom to live on their own terms.
- **Spirit of Adventure:** Connecting guests to breathtaking local landscapes and wildlife through our dedicated safari excursions.
- **Community Connection:** Fostering vibrant spaces like Bar Del Barrio where people can gather, connect, and share ideas.





STAY

Accommodation

Experience the perfect blend of comfort and tranquility at Mpeta House. Our thoughtfully designed rooms provide a peaceful retreat for both business and leisure travelers.

Elegant Rooms: Choose from our selection of One and Two bedrooms, each tastefully furnished to ensure a restful night's sleep.

Modern Amenities: Every room is equipped with complimentary high-speed Wi-Fi, flat-screen TVs, and fully equipped kitchen for your convenience.

Exceptional Service: Enjoy our dedicated room service and wake up to a complimentary, freshly prepared breakfast to start your day right.

GOOD TO KNOW:

N/B : we shall allow negotiations of rate for large groups in the event of team Buildings or other parties. No limited time for check in, but our check out time is strictly 10.00am.

BOOKING POLICY:

All bookings should be made prior to the check in time officially via the company email address 12 hours before the check in time, stating the name, check in time, duration of stay and the number of people and the check- out time.

CANCELLATION:

Official notification via the company's email 12 hours prior to the checkout





DINNING | EVENTS | HOSPITALITY

Catering Services

Delight your palate at the Mpeta House Restaurant, where culinary passion meets exceptional hospitality.

- **Diverse Menu:** Our chefs craft a delectable menu featuring a mix of hearty local Kenyan favorites and classic continental dishes.
- **Fresh Ingredients:** We pride ourselves on using fresh, locally sourced ingredients to bring you vibrant and flavorful meals.
- **The Atmosphere:** Whether you are enjoying a quick business lunch, a romantic dinner, or a casual meal with family, our restaurant offers the perfect setting for any occasion.

RESERVATIONS

All reservations should be communicated via the company official mail indicating the

- Timelines for catering,
- No of people.
- Date
- Package.

NB: Any cancellation should be done 24 hours before due date and officially.



Conference & Events

Mpeta House offers a professional and inspiring environment for your next meeting, seminar, or corporate retreat.

Versatile Spaces: Our conference facilities can comfortably host up to 100 guests, with flexible seating arrangements tailored to your event.

Fully Equipped: We provide state-of-the-art audiovisual equipment, including [Projectors / PA systems / reliable Wi-Fi], ensuring your presentations run seamlessly.

Tailored Packages: Keep your team energized with our custom corporate packages, featuring dedicated tea breaks, delicious catered lunches, and



Bar del Barrio



Welcome to Bar Del Barrio, the warm and inviting heart of Mpeta House. Translating to "the neighborhood bar," Bar Del Barrio offers a cozy, intimate setting designed for relaxed conversations, great music, and exceptional drinks.

Whether you are unwinding after a long day or kicking off an evening with friends, our bar combines classic charm with modern comfort.





Transport & Tours

Experience Nyeri's breathtaking landscapes and wildlife comfortably in our dedicated Land Cruiser, available to take guests to nearby attractions like the Solio Game Reserve, Ol Pejeta Conservancy, Aberdare National Park, and Mount Kenya. A Packed lunch can be arranged for guests who wish to go out on a longer game





MPETA HOUSE AND CONFERENCE RESTAURANT & CAFÉ MENU

A Gourmet Culinary Experience

Breakfast Classics

English Breakfast.....750.00

- Two eggs cooked to your preference, bacon strips, beef sausage, arrowroot (nduma), buttered toast, mandazi and fresh fruit juice, served with your choice of tea, coffee, hot chocolate or Milo.

Traditional Kenyan Breakfast.....500.00

- Sweet potatoes (ngwaci), arrowroots (nduma), boiled eggs, njahi, traditional greens, and freshly brewed African tea or porridge (uji).

B.E.S.T. Breakfast Special.....500.00

- Bacon, fried eggs, beef sausage, and buttered toast served with freshly brewed African tea and crispy house fries.

Kids' Breakfast.....500.00

- One egg, beef sausage, golden fries and a glass of fresh juice.

Served fresh daily with your choice of hot beverage or fresh juice.
Chef's Signature Breakfast Combos



Hot Teas, Coffees & Comfort Drinks

- African Tea.....150.00
- Black Tea.....100.00
- Hibiscus Tea.....150.00
- Cinnamon Tea.....100.00
- Ginger Tea.....200.00
- Lemon Tea.....150.00
- Herbal Tea.....150.00
- White Coffee.....150.00
- Black Coffee.....100.00
- Brewed Coffee.....200.00
- White Chocolate.....150.00
- Black Chocolate.....150.00
- White Milo.....200.00
- A Glass of Milk.....200.00
- Porridge.....150.00
- Concoction (Dawa).....200.00
- Lemon Water.....100.00

Bakery & Breakfast Extras

- Fluffy Pancakes.....200.00
- French Toast.....150.00
- Spanish Omelet.....200.00
- Plain Omelet.....150.00
- Scrambled or Fried Eggs.....150.00
- Breakfast Pastries.....100.00
(Meat Pie, Samosas, Kebabs, Doughnut)
- African Tubers (Nduma or Ngwaci).....150.00
- Cereals (Weetabix or Cornflakes).....100.00

Breakfast served daily
from 6:00 AM to 10:00 AM.

Soups & Garden-Fresh Salads



Soups

- Classic Cream of Chicken Soup550.00
- Cream of Mushroom Soup550.00
- Southern Butternut Squash Soup350.00
- Spicy Mixed Vegetable Soup350.00
- Ginger & Roasted Carrot Soup150.00
- House Wellness Soup150.00

Every soup begins with our house-made chicken or vegetable stock, slow-simmered for 8 hours with fresh leeks, bay leaves, and roasted garlic—never processed bouillon cubes or artificial preservatives.

Salads

- Classic Chicken Caesar Salad 350.00
(Crisp romaine lettuce, grilled chicken strips, and crunchy croutons tossed in a creamy Parmesan dressing.)
- Greek Salad 250.00
(Crisp romaine, cherry tomatoes, diced red onions, feta cheese, and seedless olives in a sweet vinaigrette.)
- Fresh Golden Salad 350.00
(Mixed Garden greens drizzled with house herbal vinaigrette.)
- Classic Potato Salad 250.00
(Diced potatoes tossed with parsley, boiled eggs, and light mayonnaise dressing with fresh herbs.)
- Fresh Kachumbari 150.00
- Spinach / Cabbage / Traditional Veggies | 200.00

Vegetarian

- Mixed Veggies350.00
Carrots, courgette, green peas, French beans, bell peppers, eggplant) in coconut curry sauce + mukimo
- Yellow dhal(lentils curry)350.00
(Served with ugali or mashed potatoes)
- Vegetable Rice.....350.00
(Served with black beans and buttered spinach)
- Githeri Special650.00
(Served with vegetable of choice And beef)



Gourmet Sandwiches, Burgers & Pizzas

Sandwiches & Burgers

- Signature Beef Burger800.00
- Signature Chicken Burger800.00
- Classic Chicken Sandwich.....550.00
- Triple-Deck Beef Sandwich.....550.00
- Bacon & Cheese Sandwich.....550.00
- Garden Vegetable Sandwich.....300.00

Served with a side of golden chips or fresh garden salad.

Pizzas

- **Chicken and Mushroom Pizza** (Chicken strips drizzled with mushroom and mozzarella cheese) **1200.00**
- **Margherita Pizza** (Cheese, Tomato and parmesan cheese) **1300.00**
- **Honolulu Hurricane** (Pepperoni, sausage, ham, pineapple and mozzarella cheese.) **1300.00**
- **Steak and Black Pepper Pizza** (Succulent black pepper marinated beef strips, caramelized onions, Cheese) **1200.00**
- **Moroccan Spiced Pizza**1200.00
- **BBQ Steak Pizza**1200.00
- **Classic Margherita Pizza**.....1200.00

Pastas

- **Spaghetti Carbonara**600.00
- **Spaghetti Bolognese**600.00
- **Spaghetti with Meatballs**.....600.00
- **Spaghetti Pomodoro**.....500.00
- **Fusion Masala Pasta**600.00
(Creamy Masala Curry Sauce)



Prime Steaks & Grills

- **Fillet Steak**800.00
- **T-Bone Steak**700.00
- **Sirloin Steak**700.00
- **Ribeye Steak**.....700.00
- **Slow-Braised Ossobuco**.....700.00
- **Grilled Beef Medallions**.....500.00
- **Whole Tilapia** (Wet Fry, Dry Fry or Deep Fried) **700.00**
- **Grilled Fish Fillet**.....700.00

All steaks are pan-seared to perfection and served with your choice of golden chips or a fresh garden salad



Signature Platters

MPETA Mixed Grill Platter for 44000.00

½ kg Goat (Mbuzi), ½ kg Beef, ½ kg Chicken Broiler, 2 Sausages, Boiled Eggs, Kachumbari, and generous portions of House Chips.

MPETA Mixed Grill Platter for 22000.00

¼ kg Goat (Mbuzi), ¼ kg Beef, ¼ kg Chicken Broiler, 1 Sausage, Fried Eggs, Kachumbari, Rice/Chapati, and Chips. Wet Fry, Dry Fry, or Boiled Meats

Meat Selection

	1Kg	1/2Kg
Chicken Kienyeji (Local).....	1800.00	900.00
Chicken Kienyeji Tumbukiza.....	2200.00	1200.00
Chicken Broiler.....	1500.00	800.00
Mbuzi (Goat).....	1500.00	900.00
Prime Beef.....	1500.00	800.00
Pan-Fried Liver.....	1500.00	900.00
Pork Cutlets.....	1600.00	800.00

House Specials & Coastal Delights

- **Mpeta Chicken Mwenjoyo Kienyeji** (Slow-boiled local chicken served with chips, boiled eggs, sweet potatoes, arrowroots, and boiled maize.)
 - Full:**2400.00
 - Half:**1200.00
- **Swahili Chicken Biryani**800.00
- **Samaki wa Kupaka**800.00
(Grilled fish in rich coconut sauce)
- **Kuku wa Kupaka**600.00
(Coconut chicken curry)
- **Beef or Chicken Pilau**600.00
- **Grilled Lamb Chops / Lamb Curry**800.00
- **Chicken Shawarma / Tacos**800.00
- **Beef Skewers (Mshikaki)**300.00



Flavors of India

- **Authentic Chicken Curry** 650.00
Tender chicken in fragrant curry sauce, served with jeera rice, papadum, and mint yogurt.
- **Chicken Tikka / Tandoori** 500.00
Charcoal-grilled boneless chicken served with warm naan bread and mint yogurt.
- **Vegetable Curry Feast** 600.00

Mixed garden vegetables cooked in curry sauce with warm paratha bread.

- **Egg Curry** 500.00
- **Daal Makhani** 500.00
(Creamy black lentils with jeera rice & papadum)
- **Chana Masala** 500.00
(Chickpeas curry served with roti)
- **Aloo Gobi** 500.00
(Cauliflower & potato curry served with roti)
- **Yellow Dhal Lentils** 350.00
(Served with ugali or mashed potatoes)

Accompaniments & Side Dishes

Potato Specialties

- **French Fries (Chips)** 250.00
- **Sautee Potatoes** 250.00
- **Masala Chips** 270.00
- **Roast Potatoes** 250.00
- **Lyonnise Potatoes** 250.00
- **Cajun Spiced Potatoes** 250.00
- **Creamy Mashed Potatoes** 280.00
- **Viazi Karai** 280.00
- **Potato Bhajia** 280.00

Grains & Local Favorites

- **Mukimo** 250.00
- **Ugali** 100.00
- **Chapati** 100.00
- **Coconut Rice** 200.00
- **Steamed White Rice** 100.00
- **Vegetable Fried Rice** 150.00
- **Pilau Rice (Half portion)** 200.00
- **Mpeta Githeri Special** 300.00

Desserts & Sweet Treats

- **Coupe Jacque** 400.00
(Fresh fruit salad topped with ice cream scoops)
- **Vermicelli with Raisins** 300.00
- **Crepe Suzette** 200.00
- **Tropical Fruit Salad / Platter** 200.00
- **Assorted Ice Cream (3 scoops)** 200.00
- **Fresh Bakery Slices** 200.00
(Marble or Fruit Cake)



Kid's Corner. Juices & Hot Beverages

Kid's Corner

Chips(Served With either).....750.00

- Chicken nugget
- Fish fingers
- Chicken wings
- A soda of choice

Cold Refreshments & Juices

- Freshly Squeezed Fruit Juices.....250.00
- Mpeta Signature Cocktail Juice.....250.00
- Tamarind Juice (Ukwaju).....250.00
- Gourmet Milkshakes.....300.00
- Soda (300ml)100.00

Artisan Health Smoothies

- **Mango Spinach Blend**300.00
Baby spinach, almond milk, frozen banana, honey.
- **Peanut Butter Power:** Banana, peanut butter, Greek yogurt, cinnamon.
- **Tropical Lime:**300.00
Pineapple, coconut water, mango, banana, lime juice.
- **Avocado Green Glow**.....300.00
Avocado, baby spinach, pineapple, coconut milk, lemon juice.
- **Carrot Orange Ginger:**.....300.00
Fresh orange juice, shredded carrots, ginger, Greek yogurt.
- **Chocolate Berry Delight:**.....300.00
Mixed berries, premium cocoa, almond milk, Greek yogurt, honey.

All our health smoothies are 100% natural—made with real fruit, superfoods, and zero added refined sugars or syrup concentrates.

For inquiries
Call/Whatsapp:0728677126
Email:mpetahouse1@gmail.com

Follow us and Share Your Experience

  mpetahouse-nyeri



Bar del Barrio BAR MENU

Beers

Snapp	300
Black ice	300
Balozi	300
Tusker cider	350
Tusker lager	300
Tusker malt	300
Tusker lite	300
Kingfisher	350
Pilsner	300
Whitecap lager	350

Premium beers

Savvana cider	400
Windhoek	350
Manyatta	350
KO	400
Heineken	400
Hunters gold	350
Guinness	350
Hunters dry	350

Cans

Manyatta	400
Gordon	350
Pineapple punch	300
Guarana	300
Black ice	300

(CRAFTED FOR GOOD TIMES AND GREAT CONVERSATIONS. EXPLORE OUR SELECTION OF CRISP LAGERS, REFRESHING CIDERS, AND PREMIUM IMPORTS. PERFECTLY CHILLED, EXPERTLY SERVED.)



Whiskeys

VAT69 750ML	2500
VAT69 375ML	1400
VAT69 tot	200
JACK DANIELS700ML	5500
JACK DANIELS 350ML	3000
JACK DANIELS tot	250
GOLDLABEL 750ML	12500
BLACK LABEL 1 LTR	6500
BLACK LABEL 750ML	5700
BLACK LABEL 375ML	3000
BLACK LABEL tot	250
RED LABEL ILTR	4000
RED LABEL 750ML	3000
RED LABEL 375ML	1500
RED LABEL tot	200
GREEN LABEL 750ML	12000
CHIVAS REGAL	6000
CHIVAS REGAL tot	350
JAMESON BLACK BARREL	7500
JAMESON 1lt	5800
JAMESON BLACK BARREL tot	300
JAMESON750ML	4000
JAMESON 350ML	2200
JAMESON tot	200

BALLANTINE 750ML	3500
FAMOUS GROUSE750ML	3200
FAMOUS GROUSE tot	150
GRANT 750ML	3000
CARDHU 12YRS 750ml	8000
BLACK & WHITE 750ML	2000
BLACK & WHITE 350ML	1100
WILLIAM LAWSON	4000
SINGLETON 15YRS	10500
SINGLETON 12YRS	8600
GLENFIDDICH 18YRS	22000
GLENFIDDICH 15YRS	13500
GLENFIDDICH 12 YRS	9500
SOUTHERN COMFORT	3800
GLENLIVET FOUNDERS	8000
GLENLIVET 12YRS	9500



Brandy

VICEROY 750ML	2300
VICEROY 350ML	1200
VICEROY tot	150
Richot 700ml	2500
Richot 350ml	1100
Richot tot	150



Cognacs

CAMUS VSOP	10000
CAMUS VSOP tot	450
MARTEL VSOP 700ML	13500
MARTEL VS 700ML	8000
MARTEL VS tot	350
HENNESSY VSOP	14000
HENNESSY VS	8500
HENNESSY VS tot	550

Premium London Gin



Vodka

SMIRNOFF 1L	2900
SMIRNOFF 750ML	2200
SMIRNOFF 375ML	1100
SMIRNOFF tot	200
CIROC 1L	7800
ABSOLUTE 750ML	3800
KETEL ONE	6500

*(Premium selection, served
ice-cold for ultimate purity.)*



Gin & Rum

GILBEYS 750ML	2200
GILBEYS 350ML	1100
GILBEYS tot	150
HENDRICKS	6000
HENDRICKS tot	280
MYERS'S RUM	3500
MYERS'S RUM tot	150
CAPTAIN MORGAN	2200
CAPTAIN MORGAN tot	150
CAPTAIN MORGAN GOLD	1700
TANQUERAY 750ml	4500
TANQUERAY tot	300
GORDONS 750ML	3500
GORDONS tot	150
MALIBU	2200
MALIBU tot	150

Tequila / Liqueur

CAMINO GOLD	3800
CAMINO GOLD tot	200
CAMINO SILVER tot	200
AMARULA 750ML	3500
AMARULA 350ML	2200
AMARULA tot	200
BAILEY'S 750ML	4000
BAILEY'S 375ML	2000
BAILEY'S tot	200
JOSE CUERVO	5500
JOSE CUERVO tot.....	300
JAGERMEISTER 750ML	4000
JAGERMEISTER 1LTR	5500
JAGERMEISTER tot	200
SHERIDAN'S 1LT	8000
SHERIDAN'S tot	350



Gold & Smooth

- Rich Flavours
- Premium Spirits
- Luxury Pours
- Smooth Finish
- Crafted Elegance
- Refined Taste
- Golden Indulgence

Wines

ROBERTSON WHITE/RED	2000
PIERRE MARCEL WHITE/RED.....	2200
GATO NEGRO W/R	2000
NEDERBURG RED/ WHITE.....	3200
FRONTIER RED/ WHITE	2500
SEVEN PINOTAGE	3600
SEVEN CAB FRANC	3000
CHARDONNAY	2000
DROSTDY	1800
CELLAR CASK RED 5L	7200
CELLAR CASK WHITE 5L	7200
CELLAR CASK GLASS	220
FRONTELLA WHITE/RED	2000
MUCHO MAS	4000



FOURTH STREET	1800
FOURTH STREET glass	220
NEDERBURG ROSE	2300
CHARDONNAY NEDERBURG.....	3000
CHARDONNAY KWV	2000
FRAGOLINO	2800

Bar del Zarrío has a refined wine collection featuring rich flavours, elegant finishes, and carefully selected bottles for every unforgettable occasion.

Beer bucket

GUINNESS	1550
HEINNEKEIN	1550
TUSKER LAGER	1400
TUSKER LITE	1400
TUSKER MALT	1400
WHITECAP LAGER	1400



Soft Drinks

1LTR HIGHLANDS WATER	150
500ML HIGHLANDS WATER	100
1LTR DASANI WATER	200
500ML DASANI WATER	150
SODA/NOVIDA	100
TONIC	130
DELMONTE	400
REDBULL	300



Cocktails



Long Island Cocktail
| .1200



Rusty Nail
| .1200



Sex on the Beach
| .1200



Gin and Tonic
| ..800



Blue Lagoon
| ..800



Tequila Sunset
| ..800



Whiskey Sour
| ..800



Bloody Mary
| ..800



Mpeta Sunrise
| ..800



Jäger Bomb
| ..800



Crazy Monkey
| ..600



WELCOME TO MPETA GUEST HOUSE

Comfort, Convenience, and Warm Hospitality in Nyeri

Your Ideal Stay in Nyeri

Located in the serene town of Nyeri, MPETA GUEST HOUSE offers a peaceful retreat surrounded by the beauty of central Kenya. Whether you're visiting for business, leisure, or a quiet getaway, we provide a relaxing and affordable stay with personalized service.

Tours & Safaris

Get to visit the exquisite sceneries in the mount Kenya regions and other re-



Facilities & Services

We offer a wide range of amenities to make your stay enjoyable and convenient:

- Conference and meeting facilities for business events
- Tours and safari arrangements to explore the region
- Outside catering services for events and special occasions
- Ample and secure parking
- 24-hour front desk service
- Laundry services
- Beautiful outdoor sitting areas

Book Your Stay Today

Experience comfort, great food, and exceptional service at MPETA GUEST HOUSE.

Tel No.: [+254 728 677126]

Email: [mpetahouse1@gmail.com]

Location: Nyeri, Kenya



Mpeta House
SERVICED APARTMENTS

MPETA HOUSE NYERI

- ACCOMODATION
- RESTAURANT
- CONFERENCE
- BAR
- SPACIOUS LOUNGE & TERRACE
- SECURE PARKING
- TOURS & SAFARIS

WHY MPETA:-

WE OFFER LUXURIOUS ACCOMMODATION,
EXCEPTIONL SERVICES AND MEMORABLE
EXPERIENCE



Comfortable Rooms & Accommodation

Our rooms are thoughtfully designed to ensure your comfort and relaxation:

- Cozy and well-furnished rooms
- Clean and comfortable bedding
- Free high-speed Wi-Fi
- Flat-screen TV with entertainment channels
- En-suite bathrooms with hot showers

Each room provides a calm and welcoming atmosphere, perfect for unwinding after a long day.

Why Choose MPETA GUEST HOUSE?

- Peaceful and secure environment
- Friendly and attentive staff
- Affordable rates with great value
- Convenient location

Each apartment has ample parking exclusive secured with a radio alarm.

G4S surveillance and electric fence. The apartments are also connected to WI-FI, DSTV and intercom.

Distinctive, cosy and luxurious family and business travel, self catering apartment located in the serene, lush green suburb of nyeri town. Each apartment enjoys a vantage view of the rugged snow capped peaks of Mt. Kenya and the surrounding farmlands.



Dining, Bar & Cuisine

Indulge in a delightful culinary experience at our restaurant and bar:

- Authentic Kenyan and continental dishes
- Freshly prepared meals daily
- Fully stocked bar with a variety of beverages
- Breakfast, lunch, and dinner options
- Room service available

Relax and unwind in a friendly atmosphere perfect for both casual dining and social gatherings.

Perfect for Business & Leisure

Whether hosting a conference, planning a safari adventure, or organizing an event, MPETA GUEST HOUSE provides reliable services tailored to your needs.

Explore Nyeri

Conveniently located, MPETA GUEST HOUSE is the perfect base to discover the rich culture, scenic landscapes, and attractions of Nyeri and its surroundings.